

## NJ SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM



New Jersey Supplemental Nutrition Assistance Program (SNAP-Ed) is a Cooperative Extension Program aimed at improving nutrition and increasing physical activity among Food Stamp eligible audiences. This is accomplished via education provided at county community-based projects such as WorkForce and DARE as well as youth sites such as Lakewood elementary schools and Ocean County Children's Shelter. Basic nutrition and food safety workshops are delivered over several weeks or months by peer-educators.

For more information, please contact:

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More NJ SNAP-Ed information is available at: [www.rutgers.njsnap-ed.org](http://www.rutgers.njsnap-ed.org)