

'Make Your Gardens Grow' - Fall Garden Day- 2023 Rutgers Master Gardener Interns of Ocean County

Bring Your Garden Inside How to Propagate Your Herbs in Water for the Winter Months

When taking cuttings, be sure to use a sharp, clean pair of scissors or garden shears. Use an opaque container (instead of a clear container) and room temperature water. This will reduce algae buildup in your water jars. However, if you are changing the water out regularly, algae shouldn't become a serious issue.

Either way, if you can get your hands on some cuttings from established herb plants, all you need to do is stick them in a jar filled with water, place the jar on a sunny windowsill, and replace the water every day or every other day. Within just a few days to a week, you should start to see baby roots beginning to form. Once the roots develop, you can move your plants into containers or move them into the garden in the Spring.

- **BASIL (*Ocimum basilicum*)**
- **CATNIP (*Nepeta cataria*)**
- **CILANTRO (*Coriandrum sativum*)**
- **FENNEL (*Foeniculum vulgare*)**
- **GINGER (*Zingiber officinale*)**
- **LAVENDER (*Lavandula spp.*)**
- **LEMON BALM (*Melissa officinalis*)**
- **LEMONGRASS (*Cymbopogon citratus*)**
- **MARJORAM (*Origanum majorana*)**
- **OREGANO (*Origanum vulgare*)**
- **PEPPERMINT (*Mentha x piperita*)**
- **ROSEMARY (*Salvia rosmarinus*)**
- **SAGE (*Salvia officinalis*)**
- **SPEARMINT (*Mentha spicata*)**
- **STEVIA (*Stevia rebaudiana*)**
- **TARRAGON (*Artemisia dracunculus*)**
- **THYME (*Thymus vulgaris*)**

LEARN MORE ABOUT GROWING HERBS:

- Growing Herbs Indoors- <https://extension.psu.edu/growing-herbs-indoors>
- Bring Vegetable Growing Indoors This Winter- <https://extension.unr.edu/publication.aspx?PubID=2143>
- Herb Gardening for Beginners- <https://extension.wvu.edu/lawn-gardening-pests/gardening/gardening-101/herb-gardening-for-beginners>
- Growing Herbs in the Home Garden- <https://extension.umn.edu/vegetables/growing-herbs>
- The Herb Society of America- <https://www.herbsociety.org/>