

COMMON TICK MISCONCEPTIONS

TICK BITE PREVENTION

RUTGERS

Myth

Fact

✗ Ticks are Insects

✓ Ticks are Arachnids

✗ There is only one tick species in NJ

✓ There are 14 tick species in NJ

✗ Ticks are only active during warm months

✓ Ticks are active year-round

✗ Ticks immediately bite after getting on you

✓ Ticks may take hours to find a spot and bite

✗ All tick species transmit Lyme bacteria

✓ Only deer (blacklegged) ticks transmit Lyme bacteria

✗ An infected tick will always make you sick

✓ An infected tick doesn't always transmit



✓ Wear light colored clothing



✓ Wear long sleeves, pants and socks

Repellent

✓ Use a repellent that contains DEET, picaridin, oil of lemon eucalyptus, or IR3535

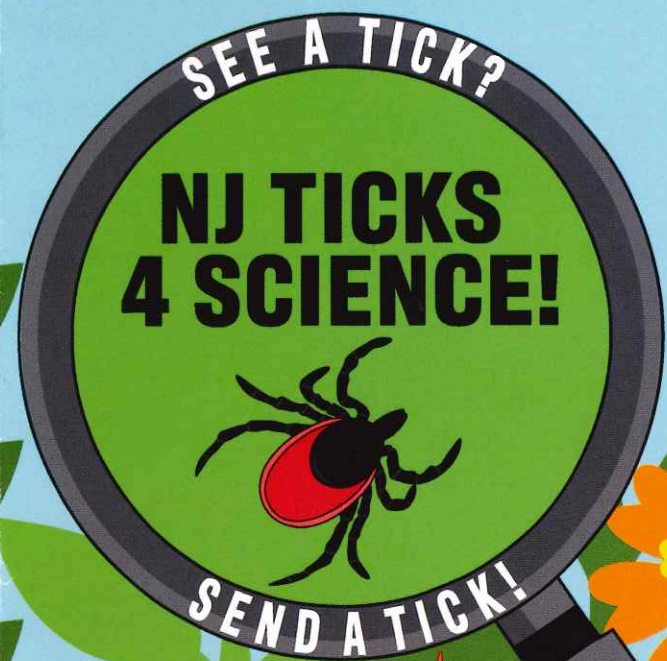


Tick Checks



✓ Check everywhere!

✓ Especially behind the ears, knees, around the ankles, groin, head, and belly button



NJ TICKS 4 SCIENCE!



TICKS OF NJ

Species



Can Transmit

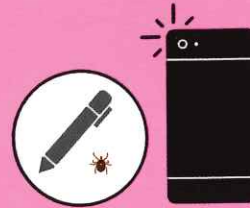


Tick-Borne Diseases

- Anaplasmosis
- Babesiosis
- Ehrlichiosis
- Encephalitis
- Lyme Disease
- Red Meat Allergy
- Relapsing Fever
- Spotted Fever
- Under Investigation

SEND US YOUR TICKS

TAKE A TICK PIC



FILL OUT FORM



CHECK FOR TICK REQUEST



SEND TICK IN



CHECK RESULTS



TICK REMOVAL

1. Grasp the tick



2. Pull up



3. Wash your hands



4. Submit to NJ Ticks 4 Science!



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