

EYES / SIGHT



Colors & Shapes

Pansy

Tulips & Daffodils

Zinnia and Marigolds

Morning Glory

Snapdragons

Sunflowers

Black-Eyed Susan

Coneflower

Ferns

Russian Sage

Asters

Hosta

Redbud or Sassafras

SKIN / TOUCH



Stones – Smooth & Rough

Tree Bark – Smooth & Rough

Moss – Wet & Dry

Lamb's Ear - Soft

Yarrows - Soft

Ferns - Soft-Rough

Echinacea - prickly

Dill, Fennel or Cosmos - Lacy

Sedum - Fleshy leaves

Grasses - Fuzzy flowers

Fir or Hemlock - Feathery

Pine Cones - Prickly

Berries – Soft & Firm

Seeds from Trees & Flowers

NOSE / SMELL



Lily of the Valley

Lilacs

Scented Roses

Lavender

Lemon Balm

Lemon Verbena

Scented Geraniums

Basils & Mints

Sweet Woodruff

Dill

Rosemary & Sage

Phlox

Mock Orange

Balsam

Fir

TONGUE / TASTE



Berries

Mints

Chives

Dill

Basil

Tomatoes

Peas

Parsley

Cilantro

Edible Flowers

-  **Pansy**
-  **Borage**
-  **Nasturtium**

EARS / SOUND






Birds / Bees / Wind / Water

Bird Bath

Wind chimes

Grasses to Catch the Wind

Flowers for Buzzing Bees

-  **Bee Balm**
-  **Mints**
-  **Anise Hyssop**
-  **Native Honeysuckle**

Trees to Catch the Wind

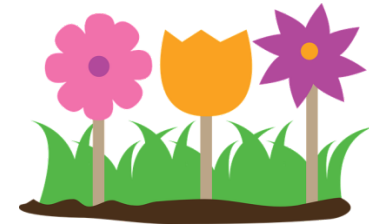
Trees for Singing Birds

*Compiled by Rosemary Lillis- Rutgers
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GARDENING



for the



SENSES



Use plants to encourage garden visitors to actively explore, listen, touch, pick, crush and otherwise experience and interact with the garden environment.