



Creating safe, supportive, and inclusive communities for older adults, adults with disabilities, and caregivers in Ocean County.

WHAT IS AN AGE-FRIENDLY COMMUNITY?

Age-Friendly communities are intentionally designed to be accessible and supportive of residents of all ages, with a focus on helping older adults live independently, safely, and actively in their community. This may include transportation, housing, social supports, healthcare, and other services.

WHAT WILL BE CONSIDERED IN THE PLAN?

The plan will focus on essential areas such as housing, transportation, healthcare, food insecurity, caregiving, and social connection.

WHY DO WE NEED A PLAN FOR OCEAN COUNTY?

Ocean County is home to **over 200,000 adults 60 years of age and older**. With 10,000 baby boomers turning 65 each day, that number is only going to grow. This makes it more important than ever to plan for the future of our county and residents.

WHO IS THE PLAN FOR?

This plan will evaluate how to improve our community for all residents, but is specifically designed with older adults, adults with disabilities, and caregivers in mind.

Together, we can make our community a great place to live, work, & thrive at any age.

HOW CAN I GET INVOLVED?

We invite members of the public to review the Age-Friendly Ocean County Multisector Plan for Aging. Learn more about upcoming events at agefriendlyoceancounty.org.



Learn more about Age-Friendly Ocean County and its Multisector Plan for Aging at: agefriendlyoceancounty.org

Or contact **Dr. Kathleen Cullinen** (County Agent III, Assistant Professor; Rutgers Cooperative Extension of Ocean County): cullinen@njaes.rutgers.edu, 732-349-1247

Age-Friendly Ocean County is a collaboration between Ocean County Office of Senior Services and Family and Community Health Sciences Program of Rutgers Cooperative Extension of Ocean County.



Ocean County is a member of the AARP Network of Age-Friendly States and Communities.

Rutgers Cooperative Extension is an equal opportunity program provider and employer. Contact your local Extension Office for information regarding special needs or accommodations. Contact the State Extension Director's Office if you have concerns related to discrimination, 848-932-3703.

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

