



Age-Friendly Ocean County is developing a Multisector Plan for Aging (MPA) to create safe, supportive, and inclusive communities for older adults, adults with disabilities, and caregivers.

The plan is informed by multiple inputs, including community surveys, key informant interviews, focus groups, and town halls. In addition, the Ocean County Office of Senior Services surveyed more than 1,000 residents to assess barriers and supports related to independent living.

Through this accessible, culturally responsive, and linguistically appropriate community needs assessment, respondents provided insights into Ocean County's age-friendly policies, systems, and environmental conditions related to [AARP's Eight Domains of Livability](#) and the six focus areas of Ocean County's Multisector Plan for Aging (MPA). The MPA identifies strategies and best practices to improve communities for older adults and enable Ocean County residents to remain in their homes as they age.



Learn more and get involved by visiting: agefriendlyoceancounty.org

Or contact **Dr. Kathleen Cullinen** (County Agent III, Assistant Professor; Rutgers Cooperative Extension of Ocean County): cullinen@njaes.rutgers.edu, 732-349-1247

HOW CAN YOU HELP?

The plan is intended to be actionable, and to succeed it needs the insight and leadership of professionals who understand the realities of service delivery, policy, funding, and community needs.

FOCUS AREAS WILL INCLUDE:

- 1** Housing
- 2** Transportation
- 3** Healthcare
- 4** Food Insecurity
- 5** Caregiving
- 6** Social Connection

Your support can help ensure the plan is implemented in our communities tangibly and sustainably. We invite you to participate in the following ways:

- Review the draft plan and share feedback
- Advise on implementation strategies
- Collaborate on recommendations for programs or initiatives
- Support cross-sector partnerships

We welcome participation from professionals who support older adults, adults with disabilities, and/or caregivers across sectors, including:

- Healthcare and behavioral health
- Aging and disability services
- Care management and social services
- Municipal and County department staff
- Policy and advocacy organizations
- Nonprofit and community-based organizations

Ocean County is a member of the AARP Network of Age-Friendly States and Communities.



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